

SELF-ADVOCACY



Pictures from DDA's 2015 Project S.T.I.R. Conference
(Steps Toward Independence and Responsibility)

Self-Directed Services flips the way service plans are developed upside down. People with disabilities are now saying: what makes a good day for them, if they want to live with others and with whom, deciding what participating in the community means to them, and saying who is important for them to spend time with. These factors are now the foundation to service plans. Person Centered planning is replacing the “cookie cutter” approach to ensure people receives services to support them have the life they choose. Instead of looking at people’s deficits, skills that they want to improve on are looked at. Equality important while paid supports are part of one’s plan additionally natural support are part of the plan as well.